



Draw the village where the mother and daughter live in.



## Let's cook some porridge!



- Put 50g porridge oats in a saucepan, pour in 350ml milk or water and sprinkle in a pinch of salt. Bring to the boil and simmer for 4-5 minutes, stirring from time to time and watching carefully that it doesn't stick to the bottom of the pan.
- 2. Or you can try this in a microwave. Mix the porridge oats, milk or water and a pinch of salt in a large microwaveproof bowl, then microwave on High for 5 minutes, stirring halfway through. Leave to stand for 2 minutes before eating.
- 3. To serve, pour into bowls, spoon Greek yogurt, thinned with a little milk, on top and drizzle with honey.



